

The Analytic Observer

The Newsletter of The Chicago Psychoanalytic Society www.3b.com/cps *December 2004*

PRESIDENT'S COLUMN

By Jerome M. Grumes, M.D.

THE WINTER OF OUR CONTENT

The academic year began with the installation of David Terman as the seventh Director of the Institute. We all wish him success, and stamina to withstand the difficulties of the task and the hope and certainty that he will enjoy his new position. The Society had two meetings and if attendance is a criterion of viability, we are a lively group indeed. Jeffrey Stern presented a paper on "The Wizard of Oz" in September. Schooled in the "new criticism", he gave a very close reading of the 1939 film using psychoanalytic interpretations while suggesting that "applied analysis" can yield new insights into female development. This concept, that of using non-clinical material to enhance our understanding of psychoanalytic theory, is fascinating and will be further developed by Dr. Stern in a future study. Christine Kieffer was the formal discussant and spoke of recent work on gender. Many members and guests joined in the discussion which went on until 9:30 PM. The October meeting was also well attended. Christopher Bollas spoke extemporaneously about his work. The absence of a formal paper made for difficulties for the regular discussants. Ken Newman intended to look back to the early and original Bollas' book "The Shadow of the Ego" and how it illuminates his current theories particularly on transference/countertransference. Steve Stern hoped to focus on the more recent papers of Bollas. The charisma that Bollas' exuded, while making for an interesting interplay between speaker and audience, prevented clarification of Bollas' current clinical views.

By the time The Analytic Observer goes to press, Jon Meyer will have visited as part of his plan to meet with the all Societies and Institutes of APsA. We hope that the members enjoyed both the social and educational aspects of the meeting. A light dinner and a discussion of the changes occurring at the national office were on the agenda.

The Executive Committee of the Society agreed on giving a prize for the best paper by an academician who uses psychoanalytic concepts in his study. The cash amount will be \$500 and a chance to present the work at a public meeting sponsored by the Society. The idea was in keeping with our wish to attract interested academics to our meetings and possibly as members as well. While we hope that this will be of interest to our local colleges and universities, we will also open up the contest to other mid-western institutions. I also hope that a donor might want his/her name attached to the prize, and so would increase his/her pledge to the Institute.

As I reflect on the past year, I am aware that the Society is a strong and cohesive force that will endure despite fads and fashions in psychotherapy and psychopharmacology. We are a remarkable group of 200 members, almost all of whom have been trained or are undergoing education at the Chicago Institute for Psychoanalysis. We are also unique individuals of talent and creativity. I believe that our own members' presentations have far outshone those out-of-towners whom we have chosen for some of our scientific meetings. Perhaps that is why Chicago did not undergo the schisms that have plagued other Societies and Institutes. The differences – but also the similarities – of our members have made us a special force in Psychoanalysis in the United States.

INTERVIEW WITH ROBERT GALATZER-LEVY

Bob graciously interrupted his Sunday morning to allow me to interview him-providing yet further support for that time-worn expression: if you have something that needs doing well and quickly, just ask the busiest person for help. Bob grew up in Queens, New York, where he had the good fortune to attend the Bronx High School of Science. "It remains for me the model of an optimal educational institution", he reported. After graduating from Science at 16, Bob attended college at New York University, where he completed a triple major in mathematics, physics and chemistry, graduating in just 2 1/2 years. He then attended NYU's Courant Institute of Mathematical Science, stopping just short of a Ph.D. His interests had shifted (due in part to a first analysis, begun in college), and he decided to attend medical school at Washington University. While ambivalent about leaving New York City, Bob loved medical school and was increasingly interested in psychiatry. While in St. Louis, and caught up in the socially-conscious, activist fervor of the 60's, Bob helped to found what many view as the first "free clinic" in America. He then moved to Chicago for his psychiatry residency, where he had an opportunity to study with many analysts-including Kohut, Kavka, Sklansky and Sabshin, for the University of Chicago then provided a strong grounding in psychoanalysis.

While still a resident Galatzer-Levy began publishing in psychoanalytic journals: his first psychoanalytic article, published in the Annual, examined the concept of psychic energy. A second was on the clinical aspects of hypochondria. These early contributions were the precursors of two of Bob's major areas of interest: clinical psychoanalysis and psychoanalytic theory with a mathematical "twist". Over the years, he has co-authored four books and more than 100 other publications. Bob's first paper on non-linear dynamics was published in JAPA in 1976.

Bob's scholarly bent attracted the attention of APsA: he was invited to join the Committee on Scientific Activities, and has since become deeply involved in the workings of this organization. He is now chair of its Re-organization Task Force. In reflecting upon his experience in organizations, Bob was struck by how national groups could sometimes accomplish more than local ones, a result due both to diversity of opinion and the advantage of increased objectivity gained by a distance from day-to-day conflictual interaction. Bob then reflected upon his growing involvement in working in legal contexts, maintaining that attorneys can often manage and resolve conflict more effectively than psychoanalysts. Bob noted that analysts may "substitute a (subjective) evaluation of a colleague's personality for an examination of whether what they say makes sense. This often shuts down conversation." He has learned that, as a member of the Forensic Forum (an interdisciplinary group of attorneys and mental health professionals, which he helped to found), "lawyers are much more skilled in dealing with group conflict than analysts. They can disagree, argue strongly, and yet still remain friendly and respectful of one another."

Bob's work as an evaluator and expert witness comprises about 10-15% of his practice and he has lately found himself involved in high-profile cases. "It is interesting to see aspects of the world that you ordinarily wouldn't get to see as an analyst. While sometimes unpleasant, it is intellectually stimulating to be able to talk with people with different life views, and one can sometimes make tremendous differences in the quality of peoples lives (through forensic intervention.)"

Returning to the subject of conflict in analytic groups, Bob further observed that "the analytic community is de-contextualized from the rest of the intellectual community. Being part of a community of scholars is lost. It (the analytic community) is like a small village or isle in the middle of the Pacific. Certain norms are absent (within psychoanalysis), including shared standards that you agree to follow even if you don't agree." He maintains that his involvement both on the national and international psychoanalytic scene as well as his involvement with other intellectual communities, such as a group of scientists who study chaos theory and the Forensic Forum, have helped him to develop this perspective. "Because national and international psychoanalytic groups have less intense (transferences), there is a greater freedom (to focus on intellectual and practical concerns)."

Continued on page 5

A Message from David Terman – Director of The Institute for Psychoanalysis

After a little more than two months as Director, I am pleased to report that a great deal is happening at our Institute. For the first time in Institute history, the outgoing and incoming directors were able to work together for several months to ensure continuity and knowledge. Jerry Winer made himself available in every way possible to help prepare me for the job. And all of us who care about the Institute owe him a debt of gratitude for his Horace-like guidance. Carrying on our tradition of innovation, we are continuing to plan a number of new initiatives. One of the first of these is the reconstruction of our Web site. Thanks to a generous multi-year commitment from Allen and Renee Siegel, we will be able to update, vitalize, and maintain our cyberlink to the community and the world. A committee has been formed to review and select various possible web designers, and we hope to have the new site operating within a few months. We also have several new curriculum and study programs on the drawing boards on which I will report more fully when they are a little further advanced.

Meanwhile, we have two conferences scheduled for this academic year. Unfortunately, by the time you receive this, one of them - Irwin Hoffman's - will have already occurred. However, you will have time to register for the other - Women's Conference, III - that will take place on Saturday, February 26, 2005. The topic will be Women's Self and Identity in History, and it will include four distinguished guest scholars: Jodie Messler-Davies, Lynn Layton, Inge Scholz-Strasser, and Wendy Doniger. Jane McCormack, one of our own candidates, will give a clinical presentation that will be discussed by several of the speakers. It promises to be an outstanding event that will be well worth your attendance.

Again, in the area of community and professional relations, we have added two vigorous and thoughtful members to the Board of Trustees. They are Howard Haas and Kay Torshen. Each has been a leader in their fields of business, and each has an interest in the intersection of business and psychoanalysis. Under the

guidance of Eva Lichtenberg, they will begin to participate in Board functions beginning in December.

The academic year has, of course, begun. We were not able to fill a first year class in the psychoanalytic training program this year, but we have four excellent students ready to begin next year. The psychotherapy program, on the other hand, has 11 first year students who have enthusiastically begun their course and supervisory work. This program continues to grow, for it clearly serves an important need in the mental health community. As there is less dynamic training in the mental health training programs, there is a greater felt need. The Institute's program, under Jim Fisch's direction, is meeting that need very well. The CAPPT program also has a beginning class of four, and the Barr-Harris has developed a very sought-after internship program that had 11 applicants from major programs applying for 2 spots.

In addition, we have begun to change the governance of the Institute. Under the chairmanship of Jorge Schneider, a committee is fashioning a new governing structure to carry out the intentions of the Long Range Planning Committee. The work has gone very well, and the committee plans to have a report and recommendation out in January.

Finally, there is an on-going administrative reorganization in progress. We have a new executive administrator, Dr. Mary Marnell. Her doctorate is in molecular biology, and she has done teaching and research in that area. She is a thoughtful, well-organized and friendly person, and I suggest you stop by to meet her. We are working to further streamline the administration in an effort to cut costs and increase efficiency.

So, as you can see, the Institute is alive and well, but it continues to need our support. By the time you receive this newsletter you will also have received our annual appeal. I urge you again, as I urged you in the letter, to be generous. At this time in our history, the mission of the Institute to be a repository, guardian, and developer of psychoanalytic knowledge is ever

more important. If the zeitgeist of our time eschews introspection, dismisses the scientific exploration of the universe, and abhors the understanding of the depths of human experience that is not dictated by religious belief, we must be ever more determined to pursue these activities and maintain this knowledge. We have a duty to ourselves and to our society. Your dollars are essential.

On behalf of the staff and faculty of the Institute I wish you all a warm and joyous holiday season and hope for the ultimate victory of reason, balance, and mutual understanding in the conduct of human affairs.

Warmest regards,
David M. Terman, Director

CPS SCIENTIFIC MEETING UPDATE:

- JANUARY 25:** A Clinical Application of Mark Levey's paper integrating diverse analytic models with specific emphasis on areas of confluence.
Moderator: Mark Levey, M.D.
Case Presenter: Dr. Robert Werner of Minneapolis

Discussants: Michael Hoit, M.D., James Fisch, M.D.
- FEBRUARY 22:** Neil Altman, Ph.D.
"Is Child Analysis the Parent to Adult Psychoanalysis?"

Discussant: Robert M. Galatzer-Levy, M.D.
- MARCH 22:** Frank Summers, Ph.D.
"Potentiating Desire: the therapeutic action of psychoanalysis"

Discussant: Bertram Cohler, Ph.D.
- APRIL 26:** Arnold Goldberg will lead a panel discussion on
"Giving Up On Psychiatry"
Panelists: Amy Eldridge, Ph.D., Ronald Krasner, M.D. &
Kate Schechter, M.A.
- MAY 24:** Presidential Address
Jerome Grunes, M.D.

From page 2

Indeed, Bob's involvement in psychoanalytic organizations is considerable: for APsA he continues as chair of the Committee on Scientific Activities and serves on the board of the Fund for Psychoanalytic Research. For the past 4 years he has served on the executive committee of APsaA as the Science Advisor, and, as previously mentioned, chairs the Re-organization Task Force. Bob feels optimistic about this committee's prospects for building a new APsa structure that will "promote psychoanalysis and its ideas". Bob is also chair of the program committee of the 44th IPA Congress in Rio de Janeiro this summer. "I have fallen in love with Rio-with its beauty and its people, and I hope that everyone will attend this exciting meeting. It will be fabulous. The intellectual content will be top-notch and will reflect the wide range of thinking about trauma. The atmosphere will be one of inquiry rather than authority. North American analysts should attend in order to be exposed to the level of passion and engagement found among South American analysts."

I asked Bob about what is currently one of the most divisive issues that faces psychoanalysis as an organization: the future of the TA designation. "I personally think that the TA concept is over-blown. It was introduced at a time when there was a question about the competency of people who were presenting themselves as analysts. Currently, all graduates of APsA institutes and probably many candidates do work at an appropriate level to train candidates (in a training analysis.) There is no need for a separate class of TA's. The vetting of TA's has resulted in internal struggles that waste our time and does not provide a reliable method of selection. However, for better or worse, I believe that the system will continue and will eventually loosen to enable candidates to be analyzed by graduate analysts."

Despite his many interests and commitments, Bob noted with pleasure that he has managed to maintain a primarily analytic practice throughout his career.

On a more personal note, Bob lives happily with his wife, Jeanne, in a Victorian house in Evanston, where they raised 5 children, who now are grown and pursuing various careers, or are in college or graduate school. They also spend part of each year at their summer home in Woods Hole, a place where Bob also fondly remembers having spent childhood summers. "Each summer, I feel as though I am going home to a scientific community."

Please send news or comments to:
Christine C. Kieffer, Ph.D., Editor
Analytic Observer
122 S. Michigan Avenue
13th Floor
Chicago, Illinois 60603
CCKPHD@aol.com

Jerome Kavka, M.D., director of Library Services for the Chicago Institute, gave a presentation at the Institute's Wednesday Research meeting, "My half-century of involvement in psychoanalysis in Chicago."

David Liberman, Ph.D. contributed another chapter to the Springer series: The Comparative Treatment for Psychological Disorders. His chapter is contained in the volume on The Comparative Treatment of the Conduct Disorder.

Arthur C. Nielson, III, M.D. published a paper in a special issue of Family Relations devoted solely to the topic of marriage education. The paper described the undergraduate course that he originated and has been teaching for four years at Northwestern University. The full citation is as follows: Nielson, A.C., Pinsof, W., Rampage, C., Solomon, A. & Goldstein, S. (2004) "Marriage 101: an integrated academic and experiential undergraduate marriage education course," Family Relations, 53: 485-494.

Jorge Schneider, M.D. gave a workshop, "Bion's Model of Psychosis", at the ISPS-US Sixth Annual Symposium, Chicago: "Extremes of Experience: Psychosis Through Many Lenses," September 18, 2004.

Frank Summers, Ph.D. wrote a chapter, "The Epistemological Foundations of Psychoanalytic Knowledge: a third way," in Reppen, J., Tucker, J. & Schulman, M. (Eds.) (2004) Way Beyond Freud: postmodernism observed, London: Open Gate Press, pp. 113-131. He also discussed "Amber's Psychotherapy" at the ISPS-US, Sixth Annual Symposium, Chicago, September 18, 2004. Dr. Summers was also given the Local Educator Award by the International Federation of Psychoanalytic Education for 2004; in conjunction with the award he gave a paper, "Therapeutic Action, Epistemology, and the Ethics of Psychoanalysis," Chicago, November 6, 2004. In addition, he was given the Donald Kaplan Award for Teaching Excellence at the Chicago Center for Psychoanalysis, 2003-04.

Jerome Winer, M.D. gave grand rounds at the University of Chicago, Dept. of Psychiatry, on November 18. The title of his presentation was, "Why Do We Need Freud Now?"

The Chicago Psychoanalytic Society
122 South Michigan Avenue
Chicago, Illinois 60603

